



JANUARY LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 NO SCHOOL	2 Beef Cheeseburger on WG Bun w/Ketchup, Mustard, Pickles, Lettuce Ranch Green Beans Grape Tomatoes Fruit Milk	3 Seasoned Chicken Breast Baked Potatoes Fresh Broccoli WG Dinner Roll w/butter Fruit Milk
6 Taco Meat on WG Tortilla Shredded Lettuce, Cheese & Sour Cream, Taco Sauce Picante Beans Fruit Milk Tortilla Chips	7 WG Macaroni and Cheese Tossed Salad w/Dressing Baby Carrots Fruit Milk	8 French Toast Sticks w/ Turkey Sausage Cucumber Slices Breakfast Potatoes Fruit Milk	9 Chicken Alfredo Pasta Fresh Broccoli Carrot Sticks WG Breadstick Fruit Milk	10 Deli Sandwich on WG Bun Fresh Green Beans Tossed Salad w/dressing Fruit Milk
13 Bean and Cheese Burrito Spanish Rice Chuckwagon Corn Blend Fruit Milk	14 Beef Sloppy Joes on WG Bun Cauliflower w/ranch Baby Carrots Fruit Milk	15 Orange Glazed Chicken Brown Rice Pilaf Tossed Salad w/dressing Fruit Milk	16 Beef Hot Dog on WG bun Vegetarian Baked Beans Fresh Coleslaw Fruit Milk	17 WG Chicken Tenders w/BBQ Sauce Vegetable Ranch Pasta Salad Grape Tomatoes Fruit Milk
20 NO SCHOOL	21 Grilled Cheese on WG Bread Tomato Soup w/Crackers Celery Sticks Fruit Milk	22 WG Chicken Patty on WG Bun w/mayo Carrot Sticks Fresh Cauliflower Fruit Milk	23 Turkey Gravy Seasoned Mashed Potatoes Tossed Salad /Dressing WG Biscuit w/ Butter Fruit Milk	24 WG Fish Sticks w/Tarter Steamed Corn Blend Fresh Green Beans Fruit Milk
27 WG Corndogs W/ Ketchup & Mustard Fresh Vegetable Medley Tossed Salad/ Dressing Fruit Milk	28 Beef Meatloaf Parsley Potatoes Baby Carrots WG Dinner Roll/ Butter Fruit Milk	29 WG Cheese Lasagna Roll Up w/Marinara WG Garlic Breadstick Broccoli Fruit Milk	30 Egg and Cheese Omelet Breakfast Potatoes Sliced Cucumbers WG Muffin Fruit Milk	31 Chicken Chow Mein w/ Brown Rice Pilaf Sugar Snap Peas Fruit Milk



Additional condiments available upon request.

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS

* INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.

Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com