




DECEMBER 2019 BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 CUP FRUIT SERVED DAILY AT BREAKFAST</p> <p>AN 8-OZ CARTON OF MILK SERVED DAILY</p> <p>WG=WHOLE GRAIN</p>				
<p>2</p> <p>WG CEREAL CHOICE-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>3</p> <p>FRUDEL OR BRK ROUND -1</p> <p>FRUIT-1</p> <p>4OZ YOGURT CUP</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>4</p> <p>SAUSAGE LINKS OR PATTY</p> <p>WAFFLES/PANCAKES/FRENCH</p> <p>TOAST W/ SYRUP-1</p> <p>100% JUICE CUP-1</p> <p>FRUIT CUP-1</p> <p>MILK-1</p>	<p>5</p> <p>WG MUFFIN-1</p> <p>STRING CHEESE-1</p> <p>FRESH FRUIT-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>6</p> <p>POP TART-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>
<p>9</p> <p>WG CEREAL CHOICE-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>10</p> <p>FRUDEL OR BRK ROUND -1</p> <p>FRUIT-1</p> <p>4OZ YOGURT CUP</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>11</p> <p>SAUSAGE LINKS OR PATTY</p> <p>WAFFLES/PANCAKES/FRENCH</p> <p>TOAST W/ SYRUP-1</p> <p>100% JUICE CUP-1</p> <p>FRUIT CUP-1</p> <p>MILK-1</p>	<p>12</p> <p>WG MUFFIN-1</p> <p>STRING CHEESE-1</p> <p>FRESH FRUIT-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>13</p> <p>POP TART-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>
<p>16</p> <p>WG CEREAL CHOICE-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>17</p> <p>FRUDEL OR BRK ROUND -1</p> <p>FRUIT-1</p> <p>4OZ YOGURT CUP</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>18</p> <p>SAUSAGE LINKS OR PATTY</p> <p>WAFFLES/PANCAKES/FRENCH</p> <p>TOAST W/ SYRUP-1</p> <p>100% JUICE CUP-1</p> <p>FRUIT CUP-1</p> <p>MILK-1</p>	<p>19</p> <p>WG MUFFIN-1</p> <p>STRING CHEESE-1</p> <p>FRESH FRUIT-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>	<p>20</p> <p>POP TART-1</p> <p>FRUIT CUP-1</p> <p>100% JUICE CUP-1</p> <p>MILK-1</p>
<p>23</p> <p>NO SCHOOL</p>	<p>24</p> <p>NO SCHOOL</p>	<p>25</p> <p>NO SCHOOL</p>	<p>26</p> <p>NO SCHOOL</p>	<p>27</p> <p>NO SCHOOL</p>

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.

Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com